





GOD SAVE THE FOOD

ALL CHICKEN, TURKEY AND BEEF ARE HALAL 



STARTER & TAPAS

HUMMUS 1, 11, 12 Chickpea cream served with pita bread* and paprika VEG	7,00
GUACAMOLE 12 Smashing avocado seasoned with EVO oil, salt, pepper, coriander, lime, served with tomatoes, red onion from Tropea, jalapeño and nacho chips VEG 	9,00
NACHOS & CHEESE 7, 12 Served with cheese fondue, tomatoes salad, guacamole and mexican homemade sauce GSTF 	10,00
SALUMI & CHEESE ASSIETTE Served with focaccia 1, 12 GSTF	14,00
PARMA HAM & BURRATA 7, 12 Served with salad GSTF 	15,00


GStF SALADS & BOWL

CHICKEN CAESAR SALAD 1, 3, 4, 7, 12 Grilled chicken, lettuce, flakes of parmesan, toasted bread, crispy bacon*, Caesar salad dressing GSTF S <small>*HALAL version also available without crispy bacon </small>	16,00
AVOCADO SALAD GStF 2, 8, 12 Avocado, grilled prawns*, songino and iceberg salad, sunflowers and pumpkin seeds, fresh Tropea's red onion, sweet curcuma citronette Ω3 	18,00




GStF WOKS

CHICKEN & VEGETABLE WOK 6, 12 With Thai rice and poppy seeds Marinated chicken sauteed with carrots, zucchini, chinese cabbage, bean sprouts, green beans*, broccoli and GStF gluten free soy sauce GSTF  S 	17,00
CITRUS FRUITS MARINATED SEABASS* WOK 4 With thai rice and poppy seeds Citrus fruits marinated seabass filets* sti-fried with baby spinach, cherry toamtoes, leek, citronette Ω3	18,00
SPICY VEGGIE WOK 6, 12 With Thai rice and poppy seeds Carrots, zucchini, chinese cabbage, bean sprouts, broccoli, green beans*, pepperoni, fresh chili pepper cooked with sriracha and GSTF soy sauce VEG	16,00
PAD THAI RICE GStF 2, 3, 6, 8, 12 Sauteed rice with eggs, shrimps*, green beans*, bean sprouts, spring onion, fresh chilli, coriander, ginger, roasted cashew nuts, fresh chilli sauce, gluten free soy sauce GSTF	18,00
GStF BUCKWHEAT NOODLE 1, 3, 6, 7, 9 10, 11 Buckwheat noodle sauteed with shrimps*, green peppers, tomatoes, spring onion, jalapenhos, sesame seeds, basil, GSTF wok sauce Ω3	18,00

GStF PASTA & SOUP


LASAGNA 1, 3, 7, 9, 12 With meat ragù GSTF S 	15,00
TAGLIOLINI PASTA 1, 7, 12 GSTF S With cherry tomatoes and basil sauce	14,00
PESTO SAUCE TROFIE 1, 7, 8 VEG S With potatoes, green beans and roasted peanuts	14,00
PUMPKIN CREAM 7, 8 With goat cheese and hazelnuts	14,00

GStF MAIN

BACON CHEESE BURGER 1, 3, 7, 10, 11, 12 Beef burger, cheddar, salads, tomatoes, crispy bacon*, pickled cucumber, homemade bbq sauce served with roasted potatoes GSTF PRO <small>*HALAL version also available without crispy bacon </small>	18,00
GRILLED ROSEMARY CHICKEN 6, 7, 12 Served with vegetables and ginger PRO S 	16,00
MEAT BALLS with tomatoes sauce 1, 3, 7, 9, 12 Served with raosted bread 	16,00
SEABASS FILET* WITH POTATOES CRUST 4 Served with seasonal vegetables Ω3	18,00


GStF CLUB SANDWICH

With roasted potatoes and pink sauce

GStF CLUB SANDWICH 1, 3, 6, 7, 10, 12 White bread, roasted turkey GSTF, hand-boiled egg, crispy bacon*, tomato, lettuce, GSTF dressing PRO <small>*HALAL version also available without crispy bacon </small>	17,00
GStF SALMON & GUACAMOLE CLUB SANDWICH 1, 4, 6, 7, 10, 12 Wholemeal bread, Norwegian smoked salmon, cream cheese, guacamole, pickled gherkins, romaine lettuce, mustard, fresh lemon and pepper Ω3	20,00

GStF KIDS

Till 12 years old

Pesto sauce with tomatoes sauce + soft drink + dessert 1, 3, 7, 8, 12	16,00
Small chicken cotolettas with roasted potatoes and pink sauce + soft drink + dessert 1, 3, 7 	16,00